

Spring / Summer 2025 Newsletter

Coppull Medical Practice

Help us to help you by keeping your mobile number up to date!

To be able to communicate with patients quickly and effectively we offer an SMS text messaging service.

We contact patients by SMS text message for many reasons including: test results, annual review invitations, immunisation invitations, reminders if you are due a blood test, links to book an appointment and appointment changes/cancellations.

If you change your mobile phone number, please let us know by emailing: lscicb-csr.acreswood-surgery@nhs.net, alternatively you can complete an 'Update Details Form' available in the surgery or contact reception.

Shingles Vaccines

The shingles vaccine helps protect against shingles, a common condition that causes a painful rash and can lead to serious complications like long-lasting pain, hearing loss or blindness.

It is offered on the NHS to:

- Everyone turning 65 on or after 1 September 2023
- Adults aged 70 to 79
- Adults aged 50 and over with a severely weakened immune system.

You can still have the vaccine if you have had shingles before, as it helps reduce the chance of future infections and lowers the risk of complications.

If you are eligible but have not yet had your shingles vaccine, please contact the reception team to arrange an appointment.

Receive NHS health bulletins and practice information.

<https://www.facebook.com/people/Coppull-Medical-Practice/100063220720763/>



RSV Vaccine

The RSV Vaccine helps to protect against Respiratory Syncytial Virus (RSV), a common virus that can make older adults and babies seriously ill. The RSV virus can cause illness such as pneumonia and bronchiolitis.

It is recommended that the following people have the vaccine: adults aged 75 to 79 years and pregnant women from 28 weeks of pregnancy.

The RSV vaccine can be administered at any time of year. **We are encouraging older adults to be vaccinated before the winter.**

Older adults only require one vaccine. Pregnant women will require a vaccine with each pregnancy.

If you have not yet had your RSV Vaccine, please contact the reception team to arrange an appointment.



Patient Participation Group

If you would like to join our Patient Participation Group please email your details to lscicb-csr.acreswood-surgery@nhs.net

Alternatively, you can speak to a receptionist or complete a form available in surgery.

Meeting minutes are available on the practice website: www.coppullmedicalpractice.co.uk

Missed Appointments

Between 1st April 2025 and 30th June 2025, **428** patients failed to attend appointments at the practice. This equates to **6420 minutes** of valuable clinical appointment time wasted.

Appointments are in very high demand, therefore if you no longer need your appointment, we ask that you please cancel your appointment, you can cancel appointments:

- On the NHS app,
- Through the link on your appointment reminder text message
- Contact the reception team.

Please ensure your mobile phone number is up to date to ensure you receive appointment reminders by SMS text message. You can also receive appointment reminders by registering for the NHS app.

Annual Chronic Disease Review - Pharmacist Medication Review

To ensure patients are prescribed medications appropriately and safely, new measures are being implemented from July 2025.

If you are taking certain medications, you may need a medication review with a member of the practice pharmacy team, after your annual review appointment with the Practice Nurse or Health Care Assistant (HCA). You will be notified at your annual review appointment, if you require an additional telephone appointment with a member of the practice pharmacy team.

Please be advised your annual medication review will no be complete until you have spoken with a member of the practice pharmacy team (if required).

You may also be invited to arrange a structured medication review with the pharmacist. This is an in-depth medication review for patients taking a number of different medications.

Patients requiring a structured medication review will be notified by text, phone, or letter. This may be at any time of year and not necessarily at the time of your annual review.

Thank you for taking the time to read our newsletter.

If you would like to suggest any topics to include in future newsletters please email us at: lscicb-csr.acreswood-surgery@nhs.net